

Onehandedmom.com presents

The Extreme One-handed Challenge.

A one-of-a-kind gameshow!

In this incredible show,
members of the audience volunteer
for missions that they must
complete **one-handed!**

Here are your **5 missions:**

1. Open a snack bag
2. Wash for Hamotzi
3. Put on a pullover sweater
4. Carry 12 large Jewish comics across your apartment
5. Put a band-aid on your thumb

Challenge your friends and family for guaranteed laughs!

Solutions on page 2

Enjoyed these missions? Get the real deal.

Invite Baila Paluch to your school or Shabbaton. 347-533-3913.

The One-handed Mom will

Share her life-transforming experience (warning: tear-jerker),

Play this interactive game (guaranteed laughs);

= An intense, immersive experience your guests will remember for years to come.

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Baila Paluch 347-533-3913

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Solutions

(Hold up to a mirror or look through the back of the page while holding up to a light. Don't want to spoil your fun by printing the solutions where you can read them accidentally.)

For clarity, we're going to refer to the weak hand as WH and the strong hand as SH

1. Ever heard of scissors?
2. This is easy, it's actually the first adaptation I thought of myself...wash your WH as usual, then to wash your SH, hold the rim of the cup with your thumb and flick your wrist to tip the washing cup over the SH.
3. THIS is challenging! Use your SH to maneuver the WH into its sleeve, and make sure you've pulled it past the elbow. Then slide your SH into the other sleeve and pull the whole thing over your head (with your 3rd hand, hold onto your snood! Don't have a 3rd hand? Don't feel bad, everyone has times when they don't have enough hands!)
4. Use a bag, silly!
2. Band-aid brand has easy-open band-aids. Place the long flap on a hard surface, hold it down with your middle finger (it's bleeding, this gets a bit tricky), and pull apart the two tabs using your thumb and forefinger. Next, expose one of the sticky sides, position your thumb on the pad, and use your next 2 fingers to wrap it around your thumb. Only then do you expose the other end, roll your thumb over it, and presto.

Bookings

Baila Paluch

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Listen on Chazak: 718 258-2008 (2, 1, 538)

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